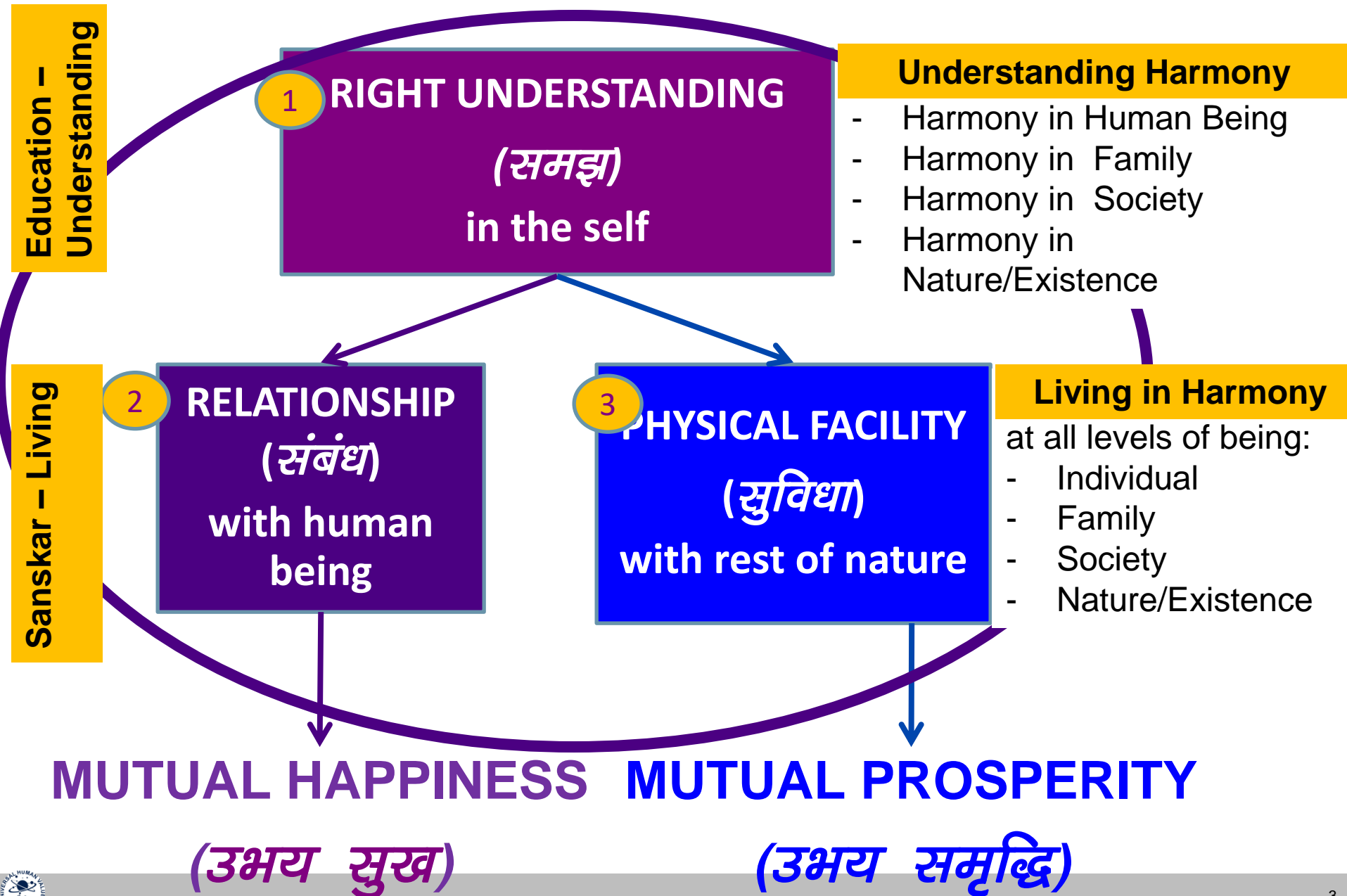




# Day 4

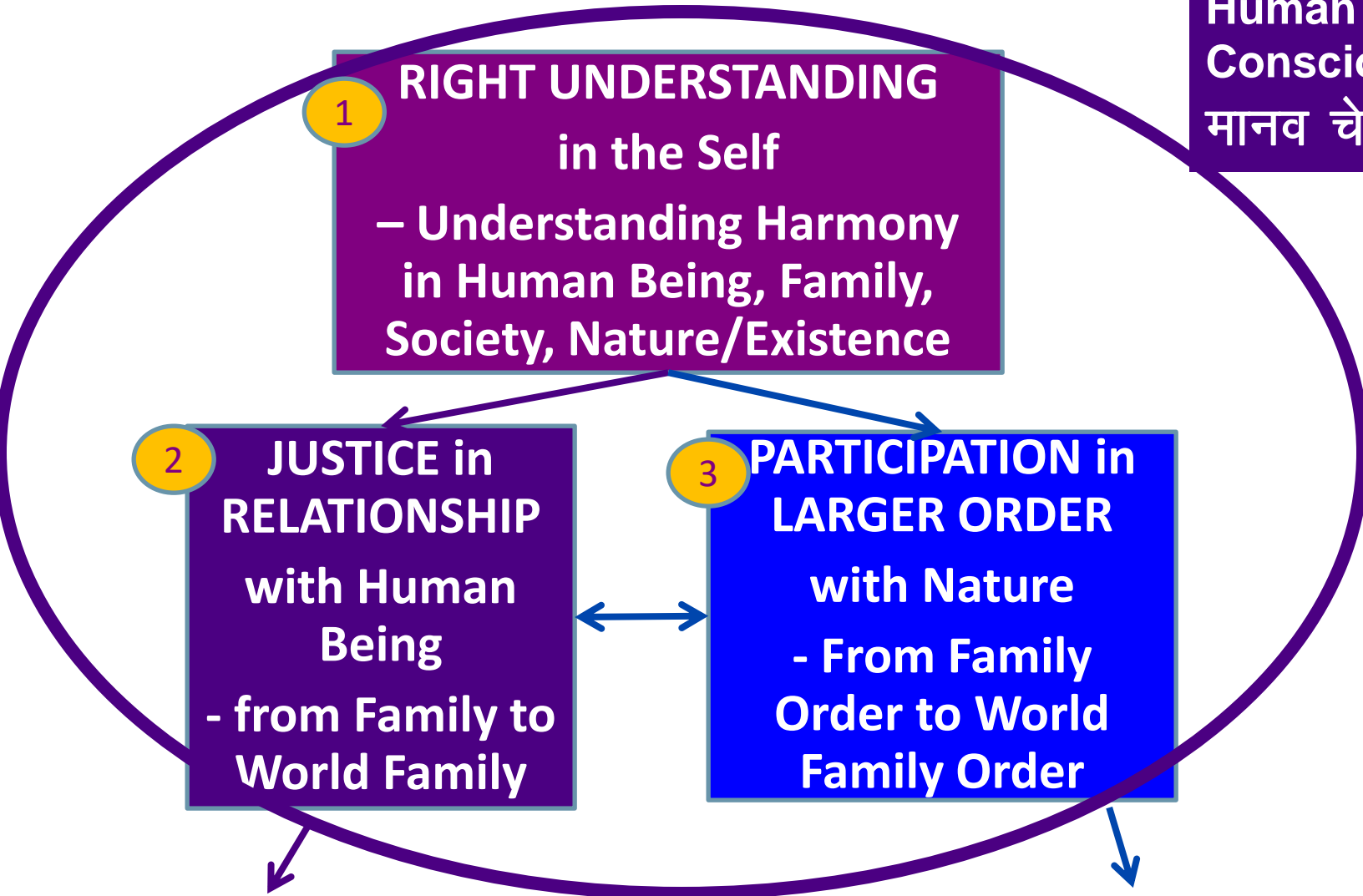
## Recap of Day 1, 2 & 3

# Human Being Living with Human Consciousness



# Societal implications of living with Human Consciousness

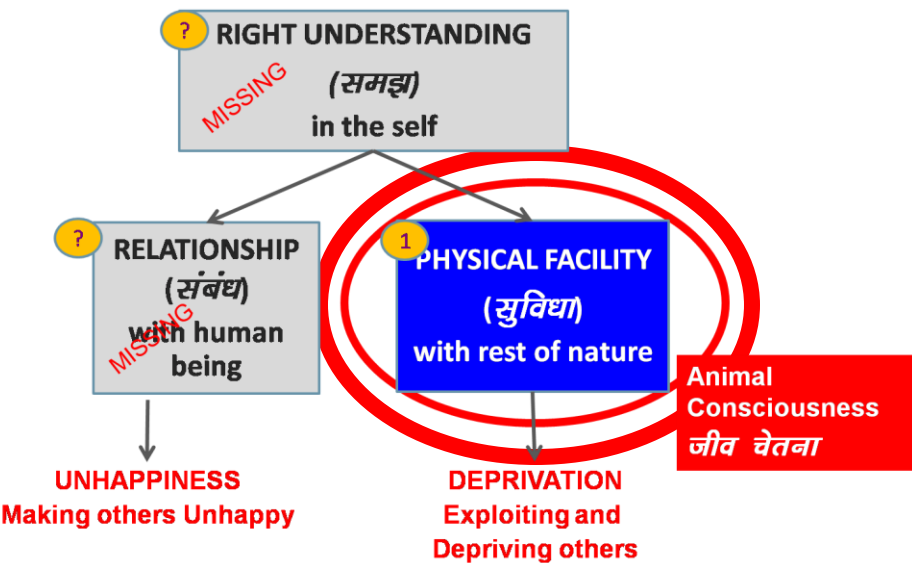
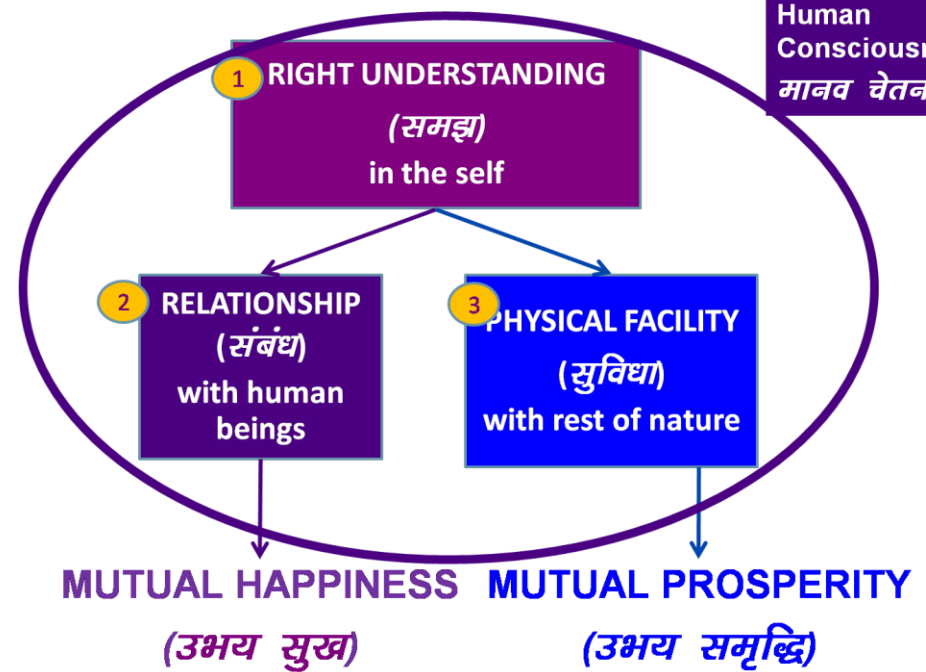
Human  
Consciousness  
मानव चेतना



**MUTUAL HAPPINESS**      **FULFILMENT of HUMAN GOAL**  
**UNDIVIDED SOCIETY**      **UNIVERSAL HUMAN ORDER**

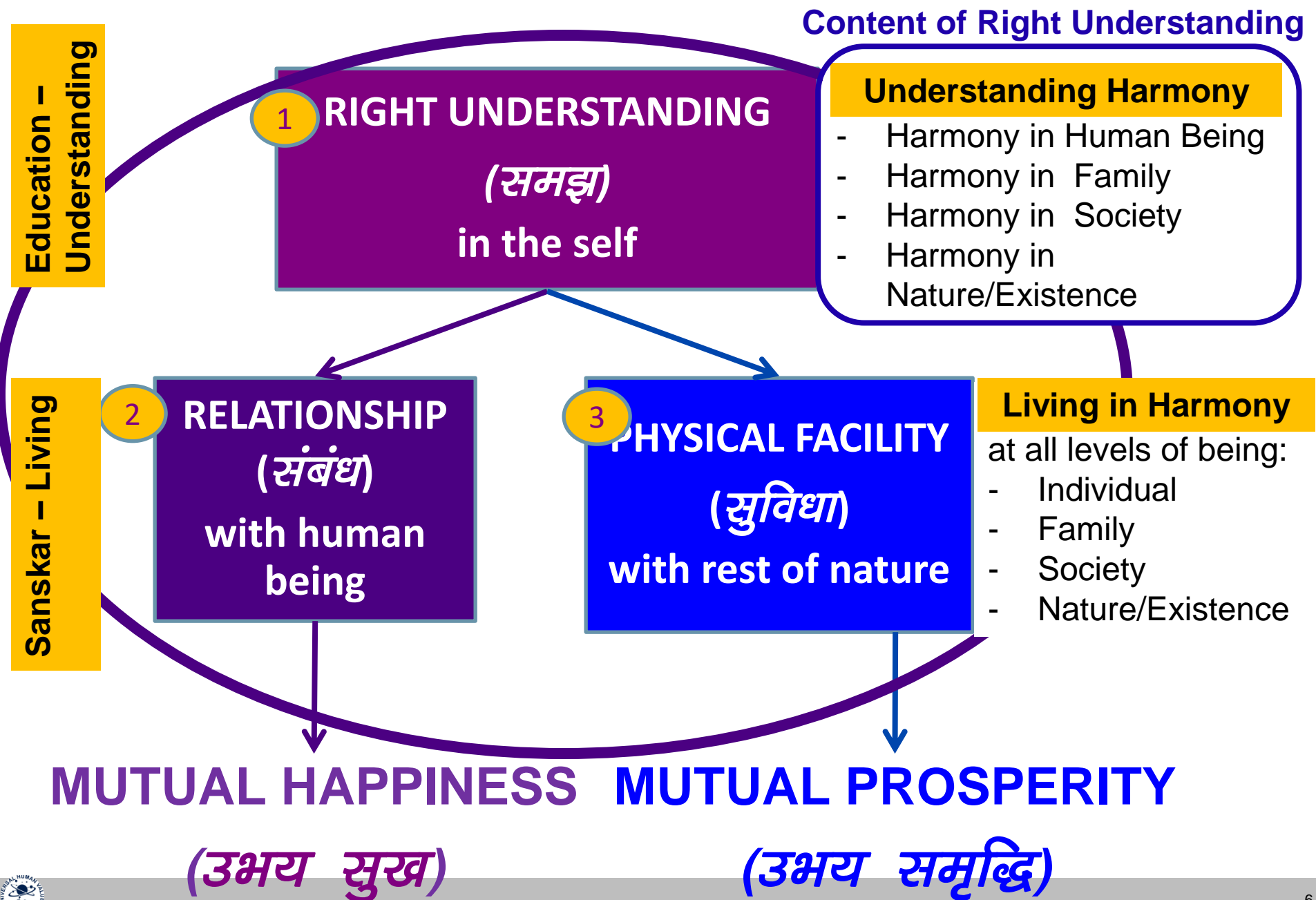
# Transformation (संक्रमण) = Holistic Development (विकास)

Human  
Consciousness  
मानव चेतना



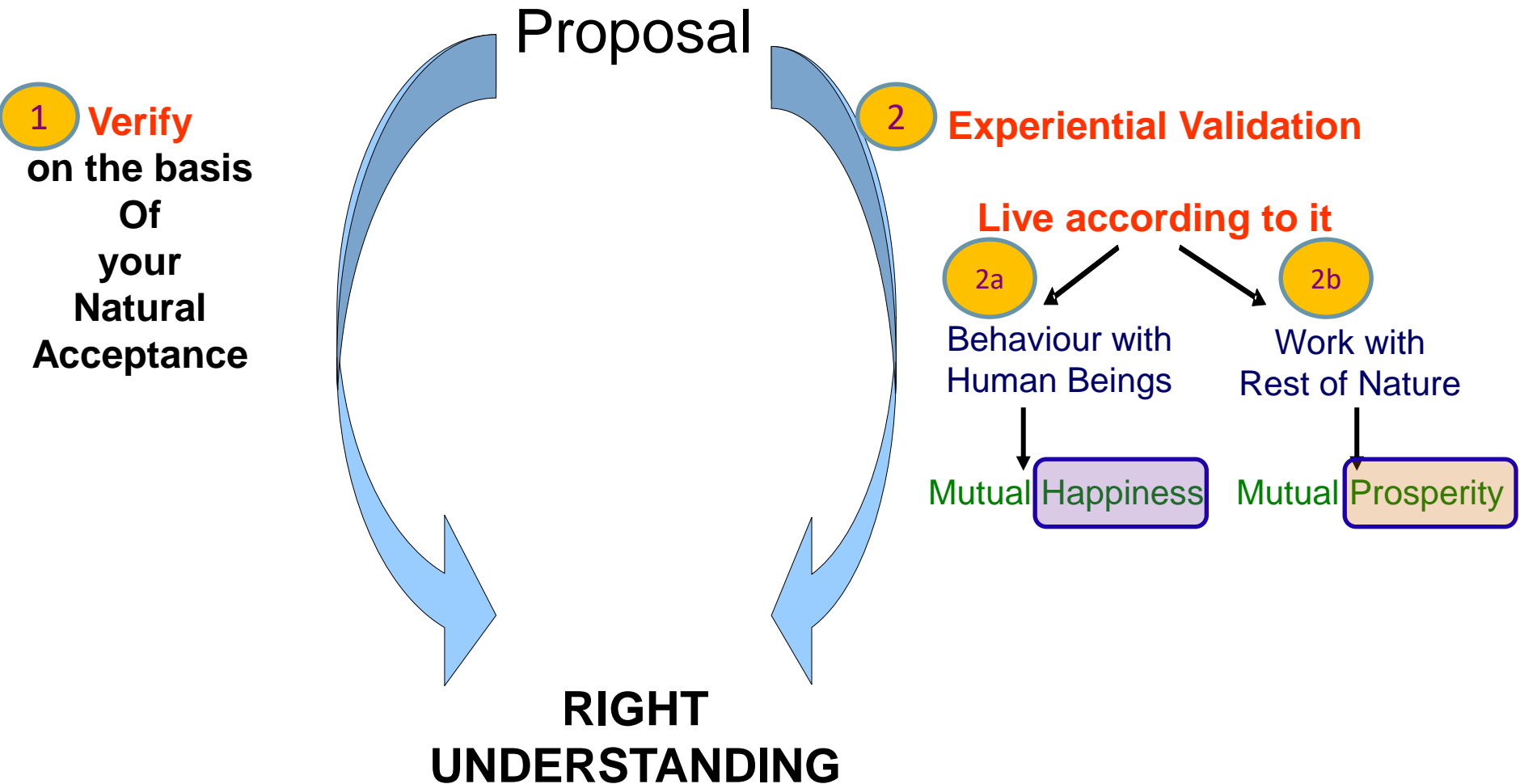
Transformation - Progress  
संक्रमण - विकास

# Human Being Living with Human Consciousness



# Process for Right Understanding: Self-exploration

Whatever is stated is a **Proposal** (**Do not assume it to be true/ false**)  
**Verify** it on your own right



# Basic Human Aspiration

Basic Human Aspiration

= Happiness and Prosperity → Continuous

Happiness

= To be in a state of Harmony

Prosperity

= The feeling of having more than required Physical Facility



# Harmony in the Human Being



Human Being

मानव

Self

में

Co-existence



सहअस्तित्व

Body

शरीर

<b>Need</b> आवश्यकता	<b>Happiness (e.g. Respect)</b> सुख (जैसे सम्मान)	<b>Physical Facility (e.g. Food)</b> सुविधा (जैसे भोजन)
<b>In Time</b> काल में	<b>Continuous</b> निरन्तर	<b>Temporary</b> सामयिक
<b>In Quantity</b> मात्रा में	<b>Qualitative (is Feeling)</b> गुणात्मक (भाव है)	<b>Quantitative (Required in Limited Quantity)</b> मात्रात्मक (सीमित मात्रा में)
<b>Fulfilled By</b> पूर्ति के लिए	<b>Right Understanding &amp; Right Feeling</b> सही समझ, सही भाव	<b>Physio-chemical Things</b> भौतिक-रासायनिक वस्तु
<b>Activity</b> क्रिया	<b>Desire, Thought, Expectation...</b> इच्छा, विचार, आशा...	<b>Eating, Walking...</b> खाना, चलना...
<b>In Time</b> काल में	<b>Continuous</b> निरन्तर	<b>Temporary</b> सामयिक
<b>Response</b>	<b>Knowing, Assuming, Recognising, Fulfilling</b> जानना, मानना, पहचानना, निर्वाह करना	<b>Recognising, Fulfilling</b> पहचानना, निर्वाह करना

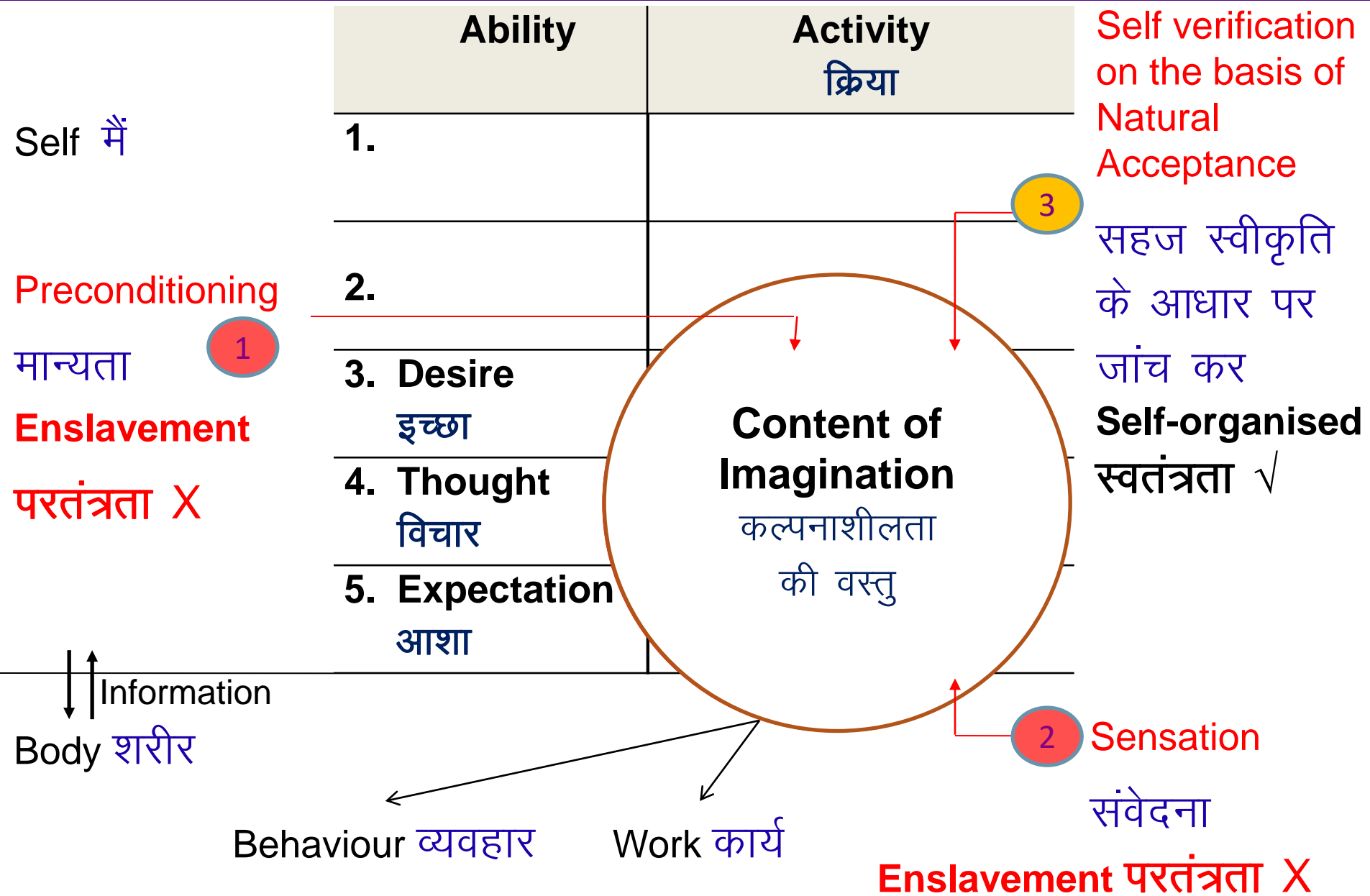
↓  
**Consciousness** चैतन्य

↓  
**Material** जड़

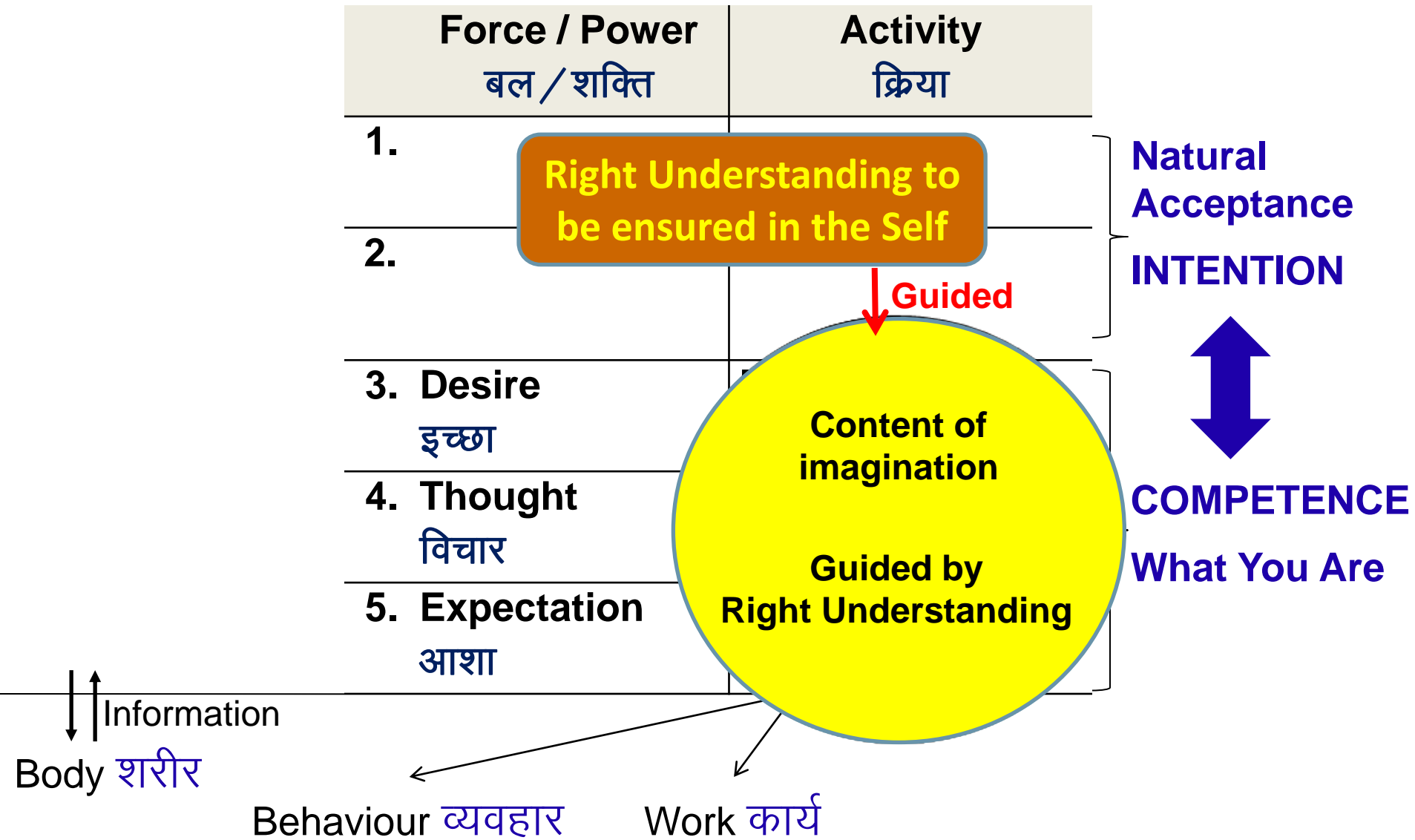


# Harmony in the Self

# Sources of Motivation for our Imagination and its Implications



# Harmony in Self = D, T, E in accordance with Natural Acceptance



**Happiness = To be in a state of Harmony**  
**सुख = संगीत में, व्यवस्था में जीना**



# Harmony of Self with the Body

# Self

# Body (Instrument)

## Consciousness

**INFORMATION**

Instruction

Sensation

## Material

Needs: Happiness, Prosperity → Continuity

Needs & activities are continuous in time

Physical Facility

Temporary in time

## Self-regulation

Feeling of responsibility toward the body – for Nurturing, Protection and Right Utilization of the Body



## Health

1. Body acts according to I
2. Parts of the body are in harmony (in order)

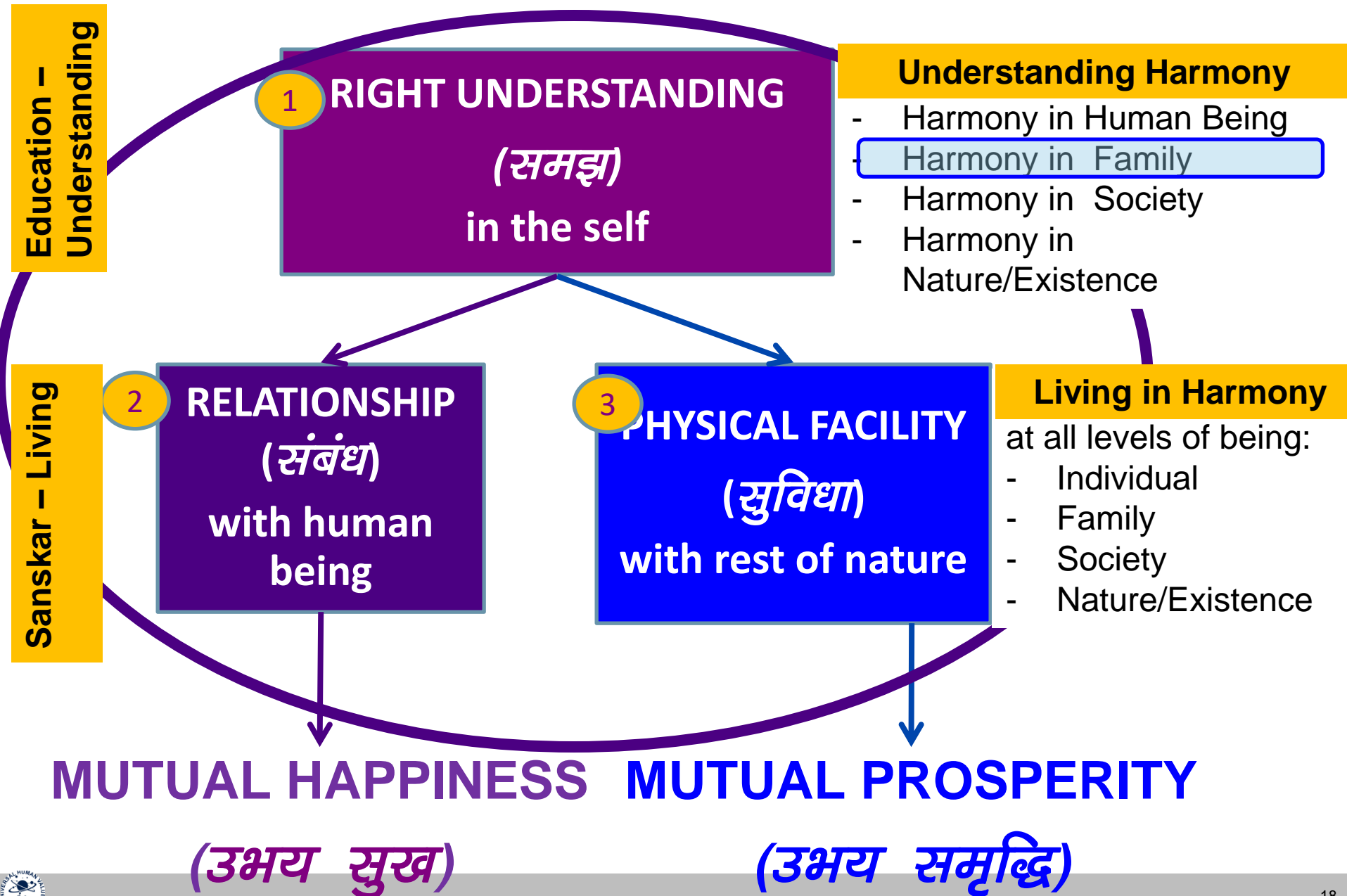
↓ Food... ↓ Clothes, Shelter... ↓ Instruments...

↓ Required in limited quantity

↓ Required in limited quantity

↓ Required in a limited quantity

# Human Being Living with Human Consciousness



# Harmony in the Family

1. Relationship is – between one self ( $I_1$ ) and other self ( $I_2$ )
2. There are feelings in relationship – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

## Feelings in relationship:

1. Trust विश्वास FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE



# Trust: To have the clarity that the other intends to make me happy

## About your Natural Acceptance

- 1a. I **want to** make myself happy ✓
- 2a. I **want to** make the other happy ✓
- 3a. The other **wants to** make herself/himself happy ✓
- 4a. The other **wants to** make me happy ✓
- 

## About your Ability

- 1b. I **am able to** make myself always happy ?
- 2b. I **am able to** make the other always happy ?
- 3b. The other **is able to** make herself/himself always happy ?
- 4b. The other **is able to** make me always happy ??

## Intention – Natural Acceptance

What is Naturally Acceptable to You

## Competence

What You Are ( $\sum D, T, E$ )

# Respect (सम्मान)

Respect = Right Evaluation

सम्मान = सम् + मान  
                  ↓                  ↓  
                  सम्यक्          मापना  
                  ↓                  ↓  
                  ठीक ठीक          आंकलन करना

# Respect: Right Evaluation – on the basis of the Self

1. Purpose – Our purpose (Natural Acceptance) is same
2. Program – Our program is same
3. Potential – Our potential is same

## The Other is Similar to Me

### 4. Competence – On the basis of right evaluation of our mutual competence, I recognise our complementarity and fulfill it:

If the other has more understanding, is more responsible than me

- I am committed to understand from the other

If I have more understanding, I am more responsible than the other

1. I live with responsibility with the other, unconditionally, unperturbed by the behaviour of the other
2. I am committed to facilitate understanding in the other (once the other is assured in relationship, and not before that)



COMPLETE CONTENT of RESPECT

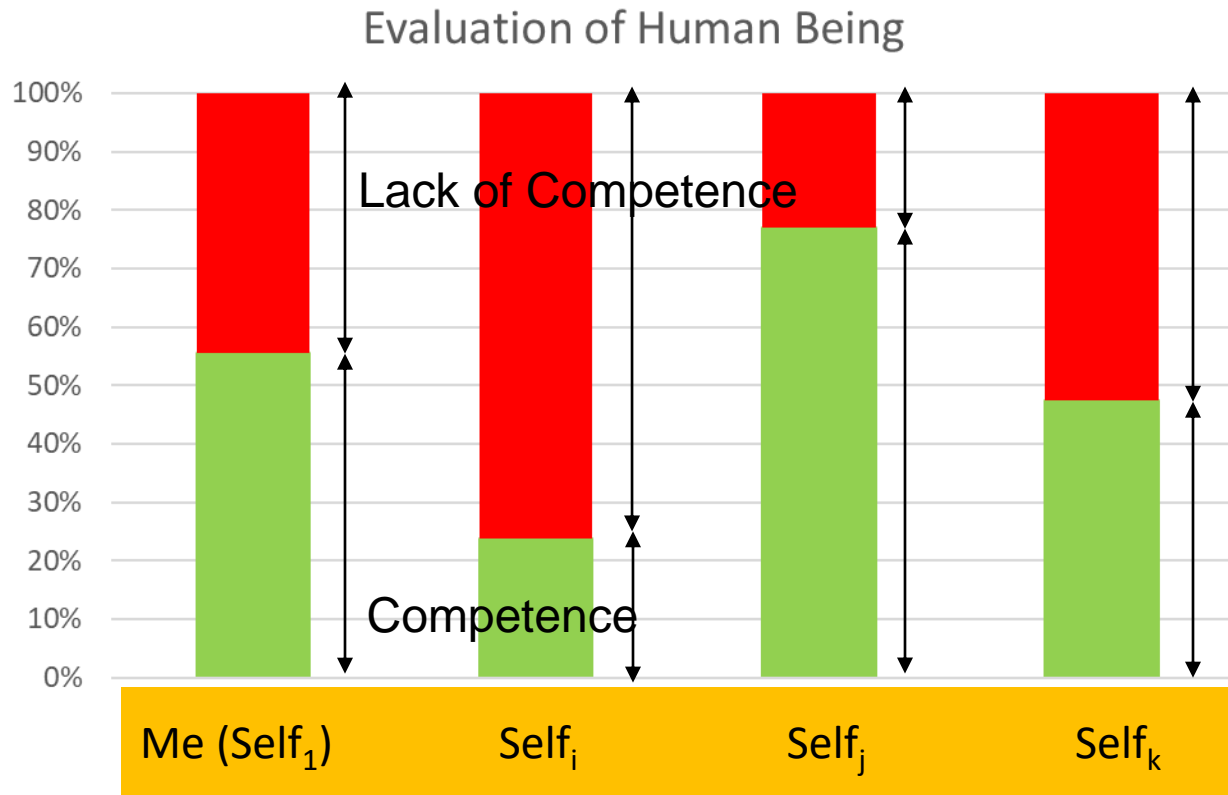
**The Other is Similar to Me. We are complementary to each other**



# Respect = Right Evaluation

Intention  
(natural  
acceptance)  
is  
same for all

**Purpose,  
Program  
and  
Potential  
Same for all**



Competence  
of various  
people may  
be quite  
different

**Respect =  
Right  
evaluation**

(of intention  
and  
competence)

Take-away:

**The feeling of Complementarity**

**The Other is Similar to Me. We are complementary to each other**

With the feeling of complementarity, other feelings naturally follow